



# TEEN GROUP THERAPY

AT NO COST TO YOU

TUESDAYS:  
6:30 - 7:30 PM  
7197 NASHVILLE ST.



## ABOUT THE COUNSELOR

This group will be led by Anna Horne, LAPC, who has experience treating anxiety, depression, trauma, and grief.

## GROUP INFO:

- Intake and screening are required
- Limited spots available
- Group size 6-12 people
- Students must be enrolled at LIFT
- Semester long commitment
- Costs covered by LIFT

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Contact for more Info:  
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**LIFTyouthcenter.org**